

Money Consciousness Worksheet

1. My current financial situation that I wish to change is . . .

2. My emotions around this situation, right now, are: *(Write your real feelings in this box.)*

3. I love myself for having these feelings. My feelings are perfect feedback. My feelings are an indication of how much meaning I am attaching to money.

Willing:	Open:	Skeptical:	Unwilling:

4. I am noticing that I am giving power to money that it doesn’t have by attaching to it the following restrictive thoughts, beliefs or assumptions about money, both in general and arising from the current situation. These are:

5. I am willing to forgive those who modelled or taught me these negative associations around money and resolve to do a Radical Forgiveness worksheet on the following people, within 24 hours of doing this worksheet, in order to transform this energy.

Willing:	Unwilling:

a) _____ b) _____ c) _____ d) _____

6. I am willing to see that I have lovingly created this money issue for myself as an opportunity to learn and grow and . . . *(if there are others involved)*, . . . have enrolled, through the Law of Attraction, the following people *(healing angels appearing as enemies)* into this drama to strongly resonate my issues for me:

Willing:	Open:	Skeptical:	Unwilling:

a) _____ b) _____ c) _____ d) _____

I give thanks for them blessing me in this way and I firmly resolve to do a Radical Forgiveness worksheet on each of these people, within 24 hours, in order to transform the energy.

Willing:	Unwilling:

7. I now realize that money is neutral, has no power of its own, and no inherent value. It is just energy, so I now release my need to be right about the meanings I had attached to money, as noted in Box Four, and since there is no shortage of it, I open myself to allowing money to flow easily in my life now.

Willing:	Open:	Skeptical:	Unwilling:

8. I now realize that I was withholding love from myself and others by imagining that money was, or is, the issue and now affirm my strong belief that the Universe is a place of total abundance, and that there is no shortage of anything.

Willing:	Open:	Skeptical:	Unwilling:

9. I now see myself as being in a heightened state of openness to receive money and to have this issue resolved in the most perfect way for all concerned.

Willing:	Open:	Skeptical:	Unwilling:

10. I now realize that I am someone who can, through the law of attraction, attract into my life everything that I need. I now resolve (*assuming it is necessary*), to do a Radical Manifestation Worksheet in order to create the following:

Willing:	Unwilling:

11. I am now ready and willing to reframe the situation outlined in Box #1 in terms of the Radical Forgiveness perspective and metaphysical paradigm that states that everything is Divine order. (*Attempt a reframe.*) "I now recognize that . . .

12. I now turn this over to my own Spiritual Intelligence and surrender to Spirit in the knowledge and comfort that all is well, and that what I saw as a problem was purely a misperception on my part. I have already resolved it by recognizing that I am abundantly supplied at all times. Any idea of shortage or lack that I was holding onto, I recognize now, has no validity or power whatsoever, and I give it none.

Willing:	Open:	Skeptical:	Unwilling:

13. I now realize that money was not the issue. I have no issues around money. Whatever the real issue was, I have handed it over to Spirit and have an unshakeable trust that Spirit will take care of it for me. Thank you.

Willing:	Open:	Skeptical:	Unwilling:

And So It Is!

Signed: _____ Date: _____